

	Morning	Afternoon	Evening
MON	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 3pm-7.45pm
	Kid's Camp/Lessons 10am - 12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm Aqua Fit 8.45-9.45pm P.A.Y.G
TUES	Public Swim* 8am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 3pm-7.45pm
	Aqua Fit 10-11am (Shallow end)	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm Adult Lessons 8.45-9.45pm Beginners & Improvers P.A.Y.G
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm		
WED	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 3pm-7.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm (Width Swim only between 7.45-8.45pm) Aqua Fit 8.45-9.45pm P.A.Y.G
THUR	Public Swim* 8am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 3pm-7.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm Adult Lessons 8.45-9.45pm Beginners & Improvers P.A.Y.G
FRI	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 3pm-8.45pm
	Aqua Fit 10-11am (Shallow End)	Kiddie Pool Open(U6's only)	Adult Only Swim* 8.45-9.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm		
SAT	Public Swim* 7am -7.45pm		Adult Only Swim* 7.45-8.45pm
SUN	Public Swim* 10am-5.45pm		
BANK HOLS	Public Swim* 8am-3.45pm		

** Restrictions may apply to public times. Lanes will be available wherever possible*

- *Swimming caps are compulsory. Swim nappies must be worn by toddlers*
- *Under 8s must be accompanied by an adult in the water*
- *PAYG = Pay As You Go*
- *Must be able to swim 2 lengths before entering deep end*
- *Maximum stay is 2 hours per person*
- *Last entry is 45 mins before closing time. All users use exit pool/gym area 15 mins before closing time.*