

	Morning	Afternoon	Evening
<b>MON</b>	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 2pm-7.45pm
	Kid's Camp/Lessons 10am - 12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm
<b>TUES</b>	Public Swim* 8am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 2pm-7.45pm
	Aqua Fit 10-11am (Shallow end)	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm		Adult Lessons 8.45-9.45pm Beginners & Improvers P.A.Y.G
<b>WED</b>	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 2pm-7.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm (Width Swim only between 7.45-8.45pm)
<b>THUR</b>	Public Swim* 8am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 2pm-7.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm
<b>FRI</b>	Public Swim* 7am-12.45pm	Adult Only Swim 12.45-2pm	Public Swim* 2pm-8.45pm
	Aqua Fit 10-11am (Shallow End)	Kiddie Pool Open(U6's only)	Adult Only Swim* 7.45-9.45pm
	Kid's Camp/Lessons 10am-12.45pm Kiddie Pool Closed 11am - 12pm		Adult Lessons 8.45-9.45pm Beginners & Improvers P.A.Y.G
<b>SAT</b>	Public Swim* 7am -7.45pm		Adult Only Swim* 7.45-8.45pm
<b>SUN</b>	Public Swim* 10am-5.45pm		
<b>BANK HOLS</b>	Public Swim* 8am-3.45pm		

*\* Restrictions may apply to public times. Lanes will be available wherever possible*

- *Swimming caps are compulsory. Swim nappies must be worn by toddlers*
- *Under 8s must be accompanied by an adult in the water*
- *PAYG = Pay As You Go*
- *Must be able to swim 2 lengths before entering deep end*
- *Maximum stay is 2 hours per person*
- *Last entry is 45 mins before closing time. All users use exit pool/gym area 15 mins before closing time.*